

REFERENCE GUIDE FOR UNEMPLOYED OR UNDEREMPLOYED CARROLL COUNTY RESIDENTS

WHAT GOVERNMENT BENEFITS AM I ENTITLED TO?

* **Unemployment Compensation:**

Call **Kentucky Employment Services** at 732-4602 or visit Carrollton Office at 402 Fourth Street which is open Thursday and Friday 8:30 a.m to 4:00 p.m. or call Florence office at 859-371-0808 or visit Florence Office at 8020 Veteran's Memorial Drive (behind Skate Park and Aquatic Center) which is open Monday through Wednesday from 8:30 a.m. to 4:00 p.m.

* **Insurance through COBRA:**

If your employer provided health/ hospitalization insurance you have the right to continue coverage for at least up to 18 months. You are to be notified of your rights within 30 days from layoff. Federal government will now pay a portion of your COBRA premium.

* **Food Stamps:**

Apply at **Community Based Services**, 1720 Highland Avenue (732-4271), or **Three Rivers Health Center**, 401 11th Street (732-6641) for WIC food/formula/vitamins for pregnant/new mothers, babies and/or small children

* **Medical Card:**

Apply at **Community Based Services**, 1720 Highland Avenue (732-4271) for you, your spouse and/or your children

* **Housing subsidized by government:**

Apply at **Carrollton Housing Authority** at 809 Hawkins Street for city housing (732-4330); or **Carrollton Village** at 208 Village Lane (732-4162), or **Landmark Apartments** at 254 Landmark Court (732-4196)

WHAT WILL THE COMMUNITY HELP WITH?

* **Food/ Rent and/or Utility Assistance:**

N.Ky. Community Action "Crisis Center", 220 Seventh Street (732-5253) on Monday through Friday 8:30 a.m. until 4:00 p.m.

St. John's Church, School Office, 507 Fifth Street (732-5776) on Monday through Friday, 9:00 a.m. until 4:00 p.m.; Weekends by phone appointment

* **Clothing/ Furniture / Household goods:**

St. Vincent DePaul Thrift Store, 402 4th Street (732-4344) on Monday through Saturday, 9:00 a.m. until 5:00 p.m.

* **Foreclosure Help to keep your home:**

Kentucky Homeownership Protection Center, 1231 Louisville Road, Frankfort, Kentucky

(1-800-633-8896 or 1-502-7630, extension 222). www.ProtectMyHome.org

*** Medical help:**

Community Health Fair, Armory, March 28th 8:00 a.m. until 2:00 p.m., Free health screenings/check ups

Three Rivers Health Department, 401 11th Street (732-6641) for well-child check ups and shots; counseling/testing for diabetes, nutrition, home health, HIV, TB

NorthKey Community Care, (1-877-331-3292) for outpatient counseling and psychiatric services for adults and children; substance abuse

Triad Health Clinic, 870 U.S. 42W (Adjacent to Marina), Warsaw (859-567-1591) for free

or reduced-cost health care for everyone, Monday through Friday from 8:00 a.m. until 5:00 p.m. (Appointment required)

Alcoholic Anonymous, C'ton Christian Church, 310 Fifth Street (back door), Wednesdays and Fridays at 2 p.m.; Mondays and Thursdays at 8:00 p.m.

Narcotics Anonymous, C'ton Christian Church, 310 Fifth Street (back door) Mondays and Thursdays at 6:30 p.m.

ACTS Faith-based alcohol/chemical dependency treatment, Carroll Co. Courthouse on Tuesdays at 6:00 p.m.

TOPS Weight Loss group, Senior Citizens Center, 6th Street on Mondays at 7:00 p.m. (859-643-0375)

*** Medicine:**

Faith Community Pharmacy program, Crisis Center, 220 Seventh Street (732-5253) on the second Wednesday of each month from 9:00 a.m. - 11:00 a.m. for monthly prescriptions

St. John's Church, School Office, 507 Fifth Street (732-5776) for emergency medicine

WHAT JOB TRAINING AND EDUCATION IS AVAILABLE?

*** Government Employment Services:**

Workforce Development/Employment Services, 402 4th Street (732-4602) on Thursdays and Fridays from 9:00 a.m. until 4:30 p.m.

Vocational Rehabilitation, 402 4th Street (732-4602) or call Florence office at 859-371-9450

(Appointment required)

*** GED / College Preparation Classes / Family Literacy**

JCTC Adult Education (732-7102) classes meet at Carroll County Public Library weekly (Tuition and book assistance)

*** ESL (English as a Second Language) Classes**

JCTC Adult Education (732-7102) classes meet at Carroll County Public Library weekly

*** Job Skills**

JCTC Carroll Adult Education (732-7102) for Job Skills 101 Class

JCC OPEN HOUSE, 324 Main St., on **March 19**, 2009, 5-7 p.m. Class information and financial assistance available